

COVID 19 - Important Notice 3/17/2020:

ECI Academy will be closed through at least Friday, April 3, 2020. At that time, we will reassess the situation for extension or reopening.

For more details and support see [Coronavirus \(COVID-19\)](#) and [Resources for Coronavirus](#).

Coronavirus (COVID-19)

Medical Condition

COVID-19 is a new illness that can affect your lungs and airways. It's caused by a virus called coronavirus.

Symptoms

The symptoms of coronavirus are:

- a cough
- a high temperature
- shortness of breath

But these symptoms do not necessarily mean you have the illness. The symptoms are similar to other illnesses that are much more common, such as cold and flu.

Treatments

There is currently no specific treatment for coronavirus.

Antibiotics do not help, as they do not work against viruses.

Treatment aims to relieve the symptoms while your body fights the illness.

You'll need to stay in isolation away from other people until you've recovered.

Causes

Because it's a new illness, we do not know exactly how coronavirus spreads from person to person. Similar viruses are spread in cough droplets. It's very unlikely it can be spread through things like packages or food.

How to avoid catching or spreading coronavirus:

- wash your hands with soap and water often – do this for at least 20 seconds
- always wash your hands when you get home or into work
- use hand sanitizer gel if soap and water are not available
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the trash right away and wash your hands afterwards
- try to avoid close contact with people who are sick
- do not touch your eyes, nose or mouth if your hands are not clean